Answers to end of chapter Q&A

Question 1: Why might Parliament intervene to give a tenant extra rights beyond those expressly agreed between that tenant and his or her landlord?

This question is considered on pp 825-828, where we examine the background to the status-conferring aspect of a lease. On p 825, it is suggested that, broadly speaking, there are two principal reasons why Parliament may give a tenant extra rights, in addition to those expressly agreed between the tenant and his or her landlord. First, it may be that, given the special importance attached to the use of land, there are good reasons for protecting a tenant’s continued use of land: this may be done, for example, by allowing a tenant to remain in occupation beyond the agreed end of the lease, and by controlling the level of rent the tenant can be asked to pay. Second, it may be that, given the shortage of suitable land, a tenant is at a disadvantage when bargaining with a potential landlord and so may be unable, in practice, to secure the necessary protection by means of an agreement.

Of course, as noted on pp 827-828, this is not to say that the arguments in favour of Parliamentary intervention are conclusive. For example, as noted by Bridge in the extract set out on pp 827-828, the Conservative government in the 1980’s took the view that over-regulation of leases was counter-productive: it would deter potential landlords from making their land available to occupiers. There is clearly a political aspect to the question of how far Parliament should intervene in the market for rented accommodation.

Question 2: ‘The distinction between a lease and a licence should only matter if a third party is involved: it should make no difference when considering the positions of A (the landlord/licensor) and B (the tenant/licensee).’ Do you agree?

The suggestion above focuses on the property right-conferring aspect of the lease. As noted on p 824, it is certainly the case that a key difference between a lease and a licence is that the former, unlike the latter, counts as a property right in land and is therefore capable of having an effect on third parties. It has never been the case, however, that this is the only difference between a lease and a licence. For example, as noted on p 751, if A and B are in a landlord-tenant relationship, the common law has long implied certain duties into that relationship, even if those duties have not been expressly agreed to by the parties: this point is developed in Chapter 24.

The important suggestion made by the question above is that, when deciding what legislative protection to give to occupiers of land, Parliament should not make the availability of that protection depend on whether an occupier has a lease or a licence. For example, when considering cases such as Street v Mountford (see pp 751-755) or Antoniades v Villiers (see pp 771-775), we saw that, to determine if an occupier had particular protection against an owner of land, the courts had to decide if that occupier had a lease. This in turn meant that the courts had to ask if the occupier had a right to exclusive possession of the land for a limited period.
Yet it is not obvious that the presence or absence of such a right is relevant to the question of whether an occupier deserves additional legislative protection. McFarlane and Simpson argue that in Bruton v London & Quadrant Housing Trust (see pp 833-836), the occupier did not in fact have a right to exclusive possession; but that the policy of the Landlord and Tenant Act 1985 demanded that he should nonetheless receive the protection of that Act. Moreover, as discussed on pp 841-845, the Law Commission has suggested that the availability of statutory protection should no longer depend on the question of whether an occupier of land has a lease.

**Question 3:** What is a ‘tenancy by estoppel’? Should the House of Lords in Bruton v London & Quadrant Housing Trust have found that Mr Bruton had a tenancy by estoppel?

In Bruton v London & Quadrant Housing Trust (see pp 833-836), the House of Lords held that Mr Bruton had a lease, and so qualified for the protection of the Landlord and Tenant Act 1985, even though the Housing Trust, with whom Mr Bruton made his occupation agreement, had no right to exclusive possession of the land occupied by Mr Bruton. As set out in the extract on pp 838-839, Routley suggests that the result in the case can best be understood on the grounds that Mr Bruton had a ‘tenancy by estoppel’. As noted by Routley, such a tenancy arises where A purports to give B a right to exclusive possession of land for a limited period, but, due to the fact that A has no right to exclusive possession, the agreement between A and B cannot, in fact, give B such a right. The ‘tenancy by estoppel’ is based on the fact that if B claims that he has a lease, A cannot deny that fact. As a result, whilst B does not in fact have a lease, A must treat B as though B has a lease. If a tenancy by estoppel had been held to exist in Bruton, Mr Bruton could thus have accepted that he had no right to exclusive possession, and nonetheless argued that, due to its agreement with him, the Housing Trust had to treat him as though he had a lease, and so had to perform the statutory duties imposed by the Landlord and Tenant Act 1985.

It is important to note, however, that the House of Lords did not adopt this analysis. For example, Lord Hoffmann, in the part of the extract set out on p 835, expressly stated that ‘the question of tenancy by estoppel does not arise in this case.’ His Lordship’s view was that, as soon as the Housing Trust promised to give Mr Bruton a right to exclusive possession for a limited period, Mr Bruton had a lease, even if the Housing Trust had no right to exclusive possession. As noted by Bright in the extract set out on pp 836-838, the controversial aspect of that analysis is that, unlike the tenancy by estoppel view, it involves admitting that an agreement between A and B can give B a lease even if it does not give B a property right in land.

**Question 4:** Does the Law Commission’s ‘consumer protection’ model provide the best way to regulate short-term residential leases?

The Law Commission’s proposed reforms of the statutory regulation of residential occupation are discussed on pp 841-845. As shown by the extract set out on p 842 (taken from Law Commission Report No 297, Renting Homes), the ‘consumer protection’ model focuses not on the question of whether an occupier has a lease, but instead on the ‘contract between the landlord and the occupier’. A crucial feature of the model, therefore,
is that statutory protection can be available to an occupier even if he or she has no right to exclusive possession of land. The Law Commission argue that this approach will promote clarity, as the availability of the statutory protection will not depend on the potentially complicated question of whether an agreement gives an occupier a lease or a licence. A further advantage of the model is that it draws on the wider concept of consumer protection seen in the regulation of contracts adopted by, for example, the Unfair Contract Terms Act 1977 and the Unfair Terms in Consumer Contracts Regulations 1999. On this model, the status-conferring aspect of a lease would lose much of its current importance.