Increased theory
The new specification has more theory content than the previous specification. If you have taught A Level before, then you will probably be familiar with most of it. If any of it is new to you, then we’ve got it covered.
- The structure and function of the musculo-skeletal system is discussed in Chapter 1
- The structure and function of the cardio-respiratory system is also discussed in Chapter 1
- Movement analysis is covered in Chapter 2
- Guidance and feedback on performance is discussed in Chapter 4
- Mental preparation for performance is also discussed in Chapter 4
- Engagement patterns of different social groups in physical activity and sport is discussed in Chapter 6.

The key terms included in the specification and the definitions of these key terms provided in the subject-specific vocabulary provided by Edexcel will be used throughout the resources.

Use of data embedded into exam questions
The amount of maths content within the new GCSE is increasing. For the first time, use of data will be embedded into exam questions. Students will be expected to demonstrate an understanding of how data is collected, presented, interpreted, analysed and evaluated in the context of sport and physical activity.

We have included activities throughout the book to provide students with the practice they need to tackle exam questions involving data with confidence.

Plenty of exam practice
Following feedback from you we have included resources that focus on helping students practice for their exams.
- Each chapter ends with exam-style questions, including multiple choice questions, shorter answer questions and extended writing questions, to give students lots of practice at answering questions themselves.
- We have written a mark scheme for each exam-style question, to help you mark students’ answers or for you to give to students to help them understand how questions are marked or to facilitate peer marking.
- Two sample answers – one perfect and one not so good – are provided in two formats for each exam-style question. The questions by themselves can be used, with or without the mark schemes, to give students an opportunity to mark answers. Or the questions with commentary can be used to help students understand what is required and develop a technique for answering exam questions confidently.

We’ll also be adding more exam practice resources to Kerboodle in future.

Differentiation
Many of you will need to cater for a range of different abilities in your classes so we’ve built in plenty of support to these new editions.
- Activities in the Student Book are differentiated, where appropriate, through the provision of a worksheet for less able students.
- The majority of the pages in the Workbook and Worksheet Resource Pack are also differentiated, with extra support provided on the ‘plus’ pages for less able students.

Exam-style questions

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