Domiciliary care worker

Providing support to individuals to enable them to lead as independent a life as possible. You will be involved in supporting a package of personal care and household management that is personalised for each individual according to their needs, preferences and lifestyle.

The care and support needs for each individual will vary according to their assessment. Your role is to support individuals in relation to a range of activities whilst respecting dignity, privacy, choice and independence.

Main duties and responsibilities

**Personal and healthcare:**
- Hygiene, toilet and dressing needs
- Supporting with continence needs
- Assisting with mobility and transferring to and from bed using appropriate equipment
- Shopping for individuals or accompanying on shopping trips
- Monitoring and supporting use of medication
- Supporting individuals in re-ablement programmes to develop independent living skills
- Cooking and preparing food to meet nutritional requirements
- Assisting with eating as required

**General household maintenance:**
- Cleaning and bed making
- Assistance with personal finances, to include paying bills, collecting pensions

**Reporting and record keeping:**
- Maintaining accurate, concise and timely records of care, diary sheets, time sheets and mileage sheets
- Monitoring and reporting on the health, safety and well-being of individuals
- Taking part in staff, team and quality management review meetings as required
- Participating in reviews of care plans as required
- Sharing information within the bounds of confidentiality