Music has a steady beat, can you feel it in your feet?

(stamp feet)

Hear the music in the band, can you feel it in your hands?

(clap hands)

Now let’s try a clever trick, can you make your fingers click?

(click fingers)

‘Feel the beat’ is what I said, can you think it in your head?

(count silently until beat eight)

Music has a steady beat or pulse. Just like your heartbeat, it keeps going all the way through a song or tune. A fast tune will have a fast beat and a slower tune a slower beat.

Tap a steady beat and chant the words of a song you know well. Keep tapping all the way through.
Get-ready rag

Sit up straight on the front half of your chair and get ready to do each of the actions along with the audio track. Start with your cello upright at arm’s length. Once your cello is in place, do actions 5–8 while you move to the music.

1. Sit up tall and straight,
2. Tap your feet apart,
3. On your left-hand side,
4. Now it’s time to start.
5. **Feel the beat**: sway on the spot, left and right.
6. **Swinging hammock**: swing your elbows.
7. **High jump**: tap your left hand on the strings or the wood either side of the fingerboard.
8. **Long jump**: slide your left hand up and down the fingerboard.
Walk and jogging tunes

At the zoo

Listen

Chant

That’s what we have in our zoo. Yeah!

Be a composer

Make up your own rhythms using the open strings. Think of something beginning with each letter and then play the pattern of the words on each string. You could use the names of friends or different places as starting points. Write your words in the spaces below:

A for _________________________________________

D for _________________________________________

G for _________________________________________

C for _________________________________________
String-crossing tunes

In these string-crossing tunes, watch your elbow swing down when you play a lower string and up when you play a higher string.

Happy Haydn

Simply

Happy Haydn, arr. KB/DB

When you cross from string to string, watch your elbow do a swing.

Make it do that swing-ing thing, when you cross a string.

Monkeys swing

Rock groove

Monkeys swing from tree to tree, they swing so fast they might catch me, hey!

1. (swing your elbows in time to the music)

Swing, swing, swing, swing, swing it, yeah!

2. (swing your elbows in time to the music)

Swing, swing, swing, swing, swing, those mon-keys can swing! Yeah!

These are first- and second-time bars.
D-string activity page

Writing time
Draw these D-string notes on the stave below:

Bar 1: ♩ x 4 on open D
Bar 2: ♩ x 2 on E
Bar 3: ♩ ♩ ♩ ♩ ♩ ♩ ♩ ♩ ♩ ♩ ♩ ♩ on F#
Bar 4: ♩ on G and a two-beat rest

Now draw a down-bow sign above the first note and play the tune through.

Roller coaster quiz
Play ‘Roller coaster’ on page 24 and then do the quiz below.

Speed-ing roller coaster, spinning me around. I’m
feeling very dizzy so far from the ground.

• Some notes are missing in the tune. Fill them in where you see the * sign.
• Draw a circle around the time signature.
• Fill in the missing number: $\frac{3}{4}$ means _______ ♩ beats in a bar.
• A ♩ rest is missing in bar 4. Draw it in correctly.
• Draw a circle around some ♩ ♩ Es.
• How many F#s can you count in the first line? ________
Here comes B

Friends and I, we walk to school, we walk walk walk walk walk,

that’s our rule. Walk walk walk walk walk walk walk.

Then when it’s time to go home from school, we’re jog-ging jog-ging jog-ging jog-ging,

that’s our rule! Jog-ging jog-ging jog-ging jog-ging. Phew let’s stop!

* Tap your 4th finger on the A string.

Wake up!

Wake up in the morn - in’, got - ta stop your snor - in’,

wake up in the morn - in’, wake up! Here’s your fi - nal warn - in’,

got - ta stop your yawn - in’, here’s your fi - nal warn - in’, get up!
Get aboard

Try some swinging rhythms in verses 2 and 3. Listen to track 56 to hear how it goes and get the swing of it!

Verse 1

Swinging along

Get a board the rhythm train, we’re heading out of town, yeah.

Verse 2

Chickety-can, it goes speeding along, it goes Chickety-can, it goes speeding along, it goes Chickety-can, it goes speeding along, it goes Chickety-can all day long!

Verse 3

Speeding here and speeding there, it Speeds right down the railway track, it’s Speeding here and speeding there, don’t Know when we’ll be back!

Clear blue sky

Gently

1. Come and fly, way up high, we will see clear blue sky.
2. Like a bird flying round, soaring far from the ground.
3. Flying high on the wing, see them swoop, hear them sing.
Beach holiday

Happily

Sum-mer’s here, the sun is shin-ing bright-ly, time to have a ho-lid-ay.

Blue skies, blue sea, sand be-tween my toes, and ice-cream on the beach to-day!

Sum-mer’s here, the sun is shin-ing bright-ly, I just love the ho-lid-ays, yes I do!